



LPCS Alternative PE I and II Waiver Information Sheet

The Indiana State Board of Education has granted local school districts the flexibility of awarding students Physical Education credit that meet PE I and II standards through alternative means. Students who demonstrate mastery of the Indiana Academic Standards for PE, as documented by a coach may be eligible for an alternative PE credit.

Program Requirements:

- One PE credit will be awarded for a complete season of Lakewood Park Christian School sport. A total of 2 credits can be earned at LPCS.
- Retroactive credits will not be awarded, no credits will be awarded prior to the fall of 2019.
- Signing up for this program does not prevent a coach from cutting a student from the team as some teams can only carry a specific number of athletes.
- A complete season is defined as; the first practice to the final event. The student must remain on the active roster the entire season.
- Disciplinary suspensions from the activity may result in forfeiture of credit as determined by the coach, athletic director, and/or LPCS administration.
- Alternative PE Credits must be earned prior to a student's senior year. By the date listed below, the student will submit the Alternative PE Credit Form to the guidance office with appropriate signatures.
- At the conclusion of the season, students will sign and obtain their coach's signature on the waiver completion form and turn it into the guidance office.
- The guidance office will confirm successful participation and place the credit on the student's transcript as a semester grade. A grade of **A** will be awarded to all students who meet the requirements for the alternative credit.
- If the student should become injured during the season, the student is still expected to attend practices and competitions with their team. If a student can not attend practice they must have a note from their physician or the trainer. Injured students will be required to work on rehabilitation plan with the trainer. Attendance alone does not warrant credit.

Student Responsibilities:

- The Alternative Physical Education Credit Contract must be completed and turned in one week after the start of the season (first practice).
- The student must complete all program requirements.
- The Waiver Completion form must be signed by the coach and by the student at the end of the season. It must be returned to the guidance office no later than two weeks after the season has ended.



Alternative Physical Education Credit Contract

Students must complete and return this form to the guidance office no later than one week after the start of the season (first practice).

Student Name: _____

Grade: _____

Sport: _____

Fall Semester Sports: Cross Country, Soccer, Volleyball

Winter/Spring Semester: Basketball, Baseball, Cheerleading, Softball, Track & Field

I agree to the following requirements and conditions to earn my alternative PE credit:

1. I will be active the entire season of my sport from first practice to final event.
2. I will not have any disciplinary suspensions from my sport.
3. I will maintain a level of effort that is representative of receiving a high grade in a course at LPCS as verified by my coach.
4. I will participate regularly in physical activity during my scheduled practices. *If I become injured during the season, I will be expected to attend all activities and competitions with my team. I will be working on rehabilitation with the trainer.*
5. By signing below, I indicate that I have read and agree to follow the program requirements in the waiver information sheet.

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____



Physical Education I and II PE Waiver Completion Form

Students are responsible to complete this form and obtain their coaches signature at the end of the season. Students must return this form to the guidance office no later than 2 weeks after the season has ended in order to receive course credit.

Name: _____ Grade: _____

Sport: _____

This sport serves as my PE credit for (check one) **PE I** _____ **PE II** _____

Coaches Checklist: (please initial if requirement is met)

_____ 1) The student completed the entire season from first practice to final event.

_____ 2) The student did not have any disciplinary suspensions from their sport.

_____ 3) The student maintained a level of effort that is representative of receiving a high grade in a course at LPCS.

_____ 4) The student participates regularly in physical activity during scheduled practices.

If injured during the season, the student attended all activities and competitions with the team, and worked on rehabilitation with the trainer.

Coach Signature: _____ Date: _____

Student Signature: _____ Date: _____

For Guidance Use Only:

_____ Completed program requirements – final grade **A**

_____ Did not complete program requirements - no credit awarded

_____ Date