



## **Health Policies**

The school health service functions to promote and protect the health, safety, and wellbeing of students and to assure a healthy environment that supports academic growth. Procedures for administering medication and first aid are established by the administration in cooperation with the school nurse.

### **INJURY AT SCHOOL**

All serious injuries should be reported to the health clinic for treatment. The school nurse or health assistant will administer emergency first aid and notify parents by phone call or email notification system.

### **ILLNESS AT SCHOOL**

If an elementary student becomes ill during school, he/she will be sent to the clinic with a form. An email from the medical charting system will be sent to parents after the student's clinic visit. It will note symptoms, treatments, and any medications that were given. This helps the parent avoid overmedication. The school nurse or health assistant will notify parents if the student needs to go home. If you notice your child is ill prior to the school day, please keep your child home for his sake and for the sake of other students.

### **GENERAL GUIDELINES FOR SPECIFIC CONDITIONS**

The following are health issues for which the student will be sent home, referral to a doctor, guidelines for returning to school, and practical precautions:

1. *Fever, Vomiting, Diarrhea, and Excessive Coughing* – Parents will be notified and expected to pick up their children when they are running a temperature of 100 degrees or more, experience vomiting, diarrhea, or excessive coughing while at school. Children running a temperature of 100 degrees or more, who have had vomiting, diarrhea, or excessive coughing in the morning should be kept at home. Students must be free of a fever, vomiting, or diarrhea for at least 24 hours before returning to school. If the student is ill with excessive coughing, their cough should be controlled and not distracting prior to their return to school.
2. *Conjunctivitis (Pink Eye), Strep Throat, and other contagious illnesses requiring antibiotics* – Children who have "pink eye" or other contagious conditions must be treated with antibiotics for 24 hours before returning to school.

3. *Skin Rashes* – In making the determination to exclude a student from school due to the presence of a rash, communicability to others is a primary consideration. The school nurse may be able to identify the condition using assessment. However, on occasion, a visit to the doctor may be necessary to determine whether a rash is contagious. Students referred to a physician for determination of communicability must have a physician's note that clears the student to return to school prior to or at the time of return to school.
4. *Cuts and Open Wounds* – Cuts or open wounds should be covered for that student's protection, as well as the protection of others. If wounds are draining or wounds cannot be covered, parents may be asked to keep that student out of school until the wound can be safely covered or cared for. On occasion, a visit to a physician is necessary to determine communicability of the wound. Students referred to a physician for determination of communicability must have a physician's note that clears the student to return to school prior to or at the time of return to school.
5. *Head Lice* – Parents are notified if their student is found to have head lice. Parents must treat the student according to product instruction prior to returning to school. The student will be checked for live lice upon return to school. The student can attend school during the intervening week and must be free of live lice. Most lice treatments are a two-treatment system, 7-10 days apart. After the second treatment, the student will be rechecked and must be free of live lice. Several additional head lice checks will occur in the following weeks. Classmates and close friends are checked for head lice. All effort is used to maintain the confidentiality of the affected student.
6. *Head Injury* – Any head injury will result in an immediate phone call to parents explaining the situation and current symptoms. Please note that an EMS will be called at any time if the nurse deems the situation necessary. Parents who prefer to give consent for an EMS to be called immediately in the event of a head injury must sign the EMS Consent form.

## **MEDICATION POLICY**

1. All prescription medication must be taken to the office and will be stored in the health clinic. Prescription medications must be in the original physician or pharmacy's container, labeled with the physician's name, the student's name, the name of the medication, the amount to be given, the time to be given, and the duration of the medication is to be taken. Pharmacies will often give duplicate containers on request so that parents can send only the amount needed at school to the school.
2. All over-the-counter medication must be taken to the office and will be stored in the health clinic. It also must be in the original container.
3. Parents must sign a permission slip (gold form) for all medications. Information should include the name of the medication, dosage, time, and condition for which the medication is needed.
4. Upper School students (7-12th grades) are allowed to carry emergency medications with a physician's permit. However, these medications must be kept with the student and not

stored in lockers. The student must act responsibly in carrying medication or the permit will be revoked (i.e. not share medication, leave medication unsupervised, or utilize the medication irresponsibly).

## **IMMUNIZATION POLICY**

1. The immunization policy follows the codes and laws established by the State of Indiana.
2. Parents or guardians must provide the school with documentation of immunization and students must be current with immunization. Documentation of immunizations consists of submitting a photocopy of the student's immunization records. This can be submitted to the office or directly faxed from your physician's office or from a previous school.
3. Student immunizations must be up-to-date and documentation submitted to the school by the first day of school, or the student may not be permitted to attend class.
4. Indiana law provides exemption to immunization for religious or medical objection. A religious exemption requires a written statement signed by the parent objecting to each immunization. A medical exemption requires a physician signature recommending exemption based on medical condition.
5. Forms are available in the health clinic. Religious waivers must be renewed each school year prior to the first day of school.
6. If your student requires a catch-up schedule, please contact the school nurse to coordinate spacing and scheduling of immunizations.

## **PHYSICAL EXAMINATION POLICY**

1. Lakewood Park follows state guidelines established for student physical examinations.
2. All new students are required to provide a head-to-toe physical examination completed by a physician prior to the first day of school. Parents or guardians must provide the school with documentation of physical examination. Documentation of the physical examination consists of submitting a photocopy of the student's records. This can be submitted to the office or directly faxed from your physician's office.
3. Lower school students (PK-4th grade) should have the Lakewood Park Physical Form completed by their physician. Physical forms are not required annually unless there is a change in the student's health status.
4. Upper school students (5-12th grade) should have the IHSAA Sports Physical completed by their physician. If an athlete, this physical should be completed annually after April 1st.
5. Forms can be found on the Lakewood Park Website in the Parent Portal.
6. If a physical form has not been completed by the first day of school, the student will not be permitted to attend class until the form has been completed and turned into the school nurse.

## **VISION AND HEARING SCREENING**

1. The school nurse coordinates screenings for visual acuity and hearing testing during each school year. A parent permission note is not sent for these tests as these screenings are required by state law.
2. Visual acuity testing is conducted for all students enrolled in the 1st, 3rd, 5th, and 8th grades, and all other students suspected of having vision problems.
3. Hearing tests are conducted for all students enrolled in the 1st, 4th, 7th, and 10th grades, new students, and all other students suspected of having hearing problems.