



Lakewood Park Christian School **Updated COVID-19 Isolation/Quarantine Guidance**

Updated February 18, 2022

The following policy has been created with consideration to the guidelines set forth by the CDC, Indiana State Department of Health, and the DeKalb County Health Department. This policy has been added to the LPCS Return to Learn Plan.

Positive Cases

All individuals who test positive, regardless of vaccination/antibody status, must abide by the following rules:

- Isolate (stay home) for **5 days** from the start of symptoms (Day symptoms start is considered Day 0). If your child is still feeling sick or having moderate to severe symptoms after Day 5, please keep them home until they are feeling better and symptoms have nearly resolved.
- If symptoms are resolving or have gone away (i.e. should have almost no symptoms) after Day 5 and have been fever free for 24 hours, isolation may end and the individual may return to school (return on Day 6).
- Upon return to school, **MASKS MUST BE WORN FOR 5 MORE DAYS** (Days 6-10, able to take mask off on Day 11).
 - Positive students/staff will be required to check in with the School Nurse at the beginning of each day to ensure they have their mask and are not too sick to be in the school setting.
 - If an individual refuses to mask for 5 days upon returning to school or the individual is deemed to be showing problematic symptoms, the individual **will be sent home** and may return after the 5 day masking period has ended.
 - Positive students who return to school Days 6-10 will be asked to sit at a separate lunch table during lunch (location will be specified by School Nurse or Teacher) and wear a mask during PE/recess. If a mask is not able to be worn during PE/recess, they will be asked to sit to the side for the duration of the play period.
 - **ATHLETES:** Athletes who return to school on Days 6-10 will be required to wear a mask and will be allowed to attend practices and games **WITHOUT** participation (based on CDC guidelines stating that masked participation in sports is dangerous). For athletes, a doctor's note will need

to be obtained to be cleared to play sports after testing positive for COVID per IHSA rules. This doctor's note may be obtained at any time during the isolation period. After the doctor's note is turned in, the athlete will go through Return to Play protocol with the athletic trainer. Clearance to participate in sports is at the discretion of the Athletic Trainer.

Close Contact Exposure

Contact tracing will no longer occur and quarantine will no longer be required of individuals who are close contacts to someone who tests positive for COVID-19.

If there is known exposure, your child will be sent home and asked to quarantine if ANY SYMPTOMS develop, even mild symptoms, during the 10-day post exposure period. We continue to encourage students and staff to stay home if ill in any way. **The school nurse reserves the right to send students home and recommend COVID testing for those who are showing COVID-like symptoms, or to send any student home who she believes to be too sick to remain in the school setting.**

Please use the Symptom Checker ([COVID-19 Symptom Tracker](#)) to monitor your child for symptoms 10 days post exposure.

Criterion	Quarantine Protocol
<ul style="list-style-type: none"> ● Close Contact in the School Setting (Student OR Staff) 	<ul style="list-style-type: none"> ● Do not need to quarantine, may remain in school. <ul style="list-style-type: none"> ○ Exposure notifications may be sent to classes if a positive case occurs in the school setting. ● Close Contacts are strongly encouraged to wear a mask while in the school setting for 10 days post exposure. ● COVID testing on Day 5 post exposure is encouraged, but not required. <p>If any symptoms develop, individuals must stay home and obtain a COVID test.</p>