

## **HEALTH POLICIES**

### **Injury at school**

All serious injuries should be reported to the health clinic for treatment. The school nurse or health assistant will administer emergency first aid and notify parents.

### **Illness at school**

If a student becomes ill during school, he is to request a pass to come to the clinic. The school nurse will call the parents if it is determined that the student needs to go home. The student is not to call home. Parents will be notified and expected to pick up their children when they are running a temperature of 100 degrees or more. The student must be free of a fever, vomiting, or diarrhea for at least 24 hours before returning to school.

### **Medication Policy**

1. All prescription medication must be taken to the office and will be stored in the health clinic. Prescription medications must be in the original physician's or pharmacy's container, labeled with the physician's name, the student's name, the name of the medication, the amount to be given, the time to be given, and the duration the medication is to be taken. Pharmacies will often give duplicate containers on request so that parents can send only the amount needed at school to the school.
2. All over-the-counter medication must be taken to the office and will be stored in the health clinic. It also must be in the original container.
3. Parents must sign a permission slip (gold form) for all medications. Information should include the name of the medication, dosage, time and condition for which the medication is needed.
4. Jr. High and High School students are allowed to carry emergency medications with a physician's permit; however, these medications must be kept with the student and not stored in lockers. The student must act responsibly in carrying medication or the permit will be revoked (i.e. not share medication or leave medication unsupervised).

## General Guidelines for Various Conditions

1. Please keep your child home when he is ill, for his sake and for the sake of others.
2. If a student has a temperature of 100 degrees or more, has vomiting, diarrhea, or excessive coughing in the morning he should be kept at home. The student must be free of a fever, vomiting, or diarrhea for at least 24 hours before returning to school.
3. Students who have "pink eye" (conjunctivitis), strep throat, or other contagious conditions must be treated with antibiotics for 24 hours before returning to school.
4. In making the determination to exclude a student from school due to the presence of a rash, communicability to others is a primary consideration. The school nurse may be able to identify the condition using assessment; however, on occasion a visit to the doctor may be necessary to determine whether a rash is contagious. Students referred to a physician for determination of communicability must have a physician's note that clears the student to return to school prior to or at the time of return to school.
5. Parents are notified if their student is found to have head lice. Parents must treat the student according to product instruction prior to returning to school. The student will be checked for live lice upon return to school. The student can attend school during the intervening week and must be free of live lice. Most lice treatments are a two-treatment system, 7-10 days apart. After the second treatment, the student will be rechecked and must be free of live lice. Several additional head lice checks will occur in the following weeks. Classmates and close friends are checked for head lice. All effort is used to maintain the confidentiality of the affected student.
6. Cuts and open wounds should be covered for the student's protection as well as the protection of others. If wounds are draining or wounds cannot be covered, parents may be asked to keep the student out of school until the wound can be safely covered or cared for. On occasion, a visit to a physician is necessary to determine communicability of the wound. Students referred to a physician for determination of communicability must have a physician's note that clears the student to return to school prior to or at the time of return to school.